**Addictions Specialization Exam | Case Studies**

# Instructions

* Using essay style writing, please respond thoroughly to each of the questions below.
* Compose your answers clearly and precisely
* Each answer should be approximately **1 page to 1½ pages in length**.
* Answers may be written in first or third person.
* Support your answers using Scripture references, but please *do not write out the verses*.
* The use of biblical references in answers should demonstrate the responsible use of hermeneutical principles and show applicable and clear connection to the case study and question.
* **This is a closed book exam. The only resource allowed is an unmarked Bible.**

**Eddie**

Eddie is 36 years old. His friend, who is a member of your church, has come with him to counseling with you because Eddie has a drinking problem. Eddie confesses he was out drinking this past weekend until the early hours of the morning and woke up face down next to a small pool of vomit. “I could’ve died and that’s when I realized I need to change. Can you help me?”

Eddie has been divorced twice and has little interaction with his two kids. He has a part-time job but is behind on his bills. “I really don’t have many friends. I went to rehab once but that didn’t work.”

Eddie is not a member at your church but is willing to attend he says.

1. **How would you begin the data gathering process? Describe the questions you would ask him. Outline your most pressing agenda issues to address with him.**
2. **How would you help Eddie to think about his alcohol drinking? What heart motivations and desires would you address in the future?**
3. **Provide a detailed plan for restructuring his life. This plan should include practical application undergirded with theological explanation.**

**Margie and Mike**

Margie has been secretly taking too many of her prescription meds for pain. Mike found out and is furious because Margie has had a past of abusing alcohol, marijuana (in college), and even opioids. Both are active in church in various ways. Mike is demanding she go to a residential rehab right away but they have 3 children under the ages of 12. You offer to work with Margie and Mike in marriage counseling once per month but you offer to work with Margie weekly, too. It is time consuming but you are committed to helping this young family.

1. **Besides other biblical counselors, who else could you recruit to help you minister to Margie and Mike? What would their role be in helping you?**
2. **What fruit would you look and listen for in counseling Margie specifically?**
3. **In restructuring Margie’s life, Mike and Margie could develop a plan of repentance together. What elements would you want them to include?**
4. **What would be the heart issues you would want to address?**
5. **In counseling Mike, what are some ways you could utilize specific Bible passages or biblical counseling resources to help him to see his own heart issues?**