



# ACBC Approved Reading List

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The following books will be helpful to you as you complete your ACBC exams. Individuals pursuing ACBC Certification are required to read **1,000** pages or more from the following resources, **300** pages of which must be from the Biblical Counseling & Theology text category.

## Biblical Counseling & Theology

*A Theology of Christian Counseling*  
by Jay Adams

*A Theology of Biblical Counseling* by  
Heath Lambert

*Biblical Doctrine: A Systematic  
Summary of Bible Truth* by John  
MacArthur and Richard Mayhue

*Systematic Theology* by Louis  
Berkhof

*Systematic Theology* by John Frame

*Christian Theology* by Millard  
Erickson

*Basic Theology* by Charles Ryrie

*Moody Handbook of Theology* by  
Paul Enns

*The Inspiration and Authority of the  
Bible* by B.B. Warfield

*Words of Life* by Timothy Ward

*Created in God's Image* by Anthony  
A. Hoekema

*Power Encounters: Reclaiming  
Spiritual Warfare* by David  
Powlison

*A Fight to the Death: Taking Aim at  
Sin Within (Strength for Life)* by  
Wayne Mack

*Trusting God* by Jerry Bridges

*God's Greater Glory* by Bruce Ware

*When People are Big and God Is  
Small* by Ed Welch

*Counseling One Another: A Theology  
of Inter-personal Discipleship* by Paul  
Tautges

## Counseling & Anger

*Uprooting Anger* by Robert Jones

*Anger & Stress Management* by  
Wayne Mack

*The Heart of Anger* by Lou Priolo

## Counseling & Sorrow

*Out of the Blues* by Wayne Mack

*Spiritual Depression* by Martyn  
Lloyd Jones

## Counseling & Anxiety

*Courage: Fighting Fear with Faith* by  
Wayne Mack

*Overcoming Fear, Worry, and  
Anxiety* by Elyse Fitzpatrick

## Counseling & Avoidance

*Finally Free: Fighting for Purity with  
the Power of Grace* by Heath  
Lambert

*Addictions: A Banquet in the Grave*  
by Ed Welch

*The Heart of Addictions* by Mark  
Shaw

## Counseling & Conflict

*The Peacemaker* by Ken Sande

*Unpacking Forgiveness* by Chris  
Brauns

*Pursuing Peace* by Robert D. Jones

*Biblical Crisis Counseling: Not If, But When* by John Babler

## Introduction to Biblical Counseling

*The Christian Counselor's Manual* by Jay Adams

*How to Help People Change* by Jay Adams

*Counseling: How to Counsel Biblically* by John MacArthur

*Seeing with New Eyes* by David Powlison

*Instruments in the Redeemer's Hands* by Paul David Tripp

*The Trellis and the Vine* by Colin Marshall and Tony Payne

*The Biblical Counseling Movement after Adams* by Heath Lambert

*Counseling the Hard Cases* edited by Stuart Scott and Heath Lambert

*Discipling the Flock* by Paul Tautges

*Blame It on the Brain?* By Ed Welch

*How People Change* by Timothy Lane and Paul David Tripp

*Putting Your Past in Its Place* by Steve Viars

*Competent to Counsel* by Jay Adams

*Speaking Truth in Love* by David Powlison

*Counseling by the Book: Revised and Expanded Edition* by John Babler and Nicholas Ellen

## Counseling & Family

*Peacemaking for Families* by Ken Sande

*This Momentary Marriage* by John Piper

*When Sinners Say I Do* by Dave Harvey

*The Excellent Wife* by Martha Peace

*The Exemplary Husband* by Stuart Scott

*Big Truths for Young Hearts* by Bruce Ware

*God, Marriage, and Family* by Andreas Köstenberger

*The Faithful Parent* by Stuart Scott and Martha Peace

*Shepherding a Child's Heart* by Ted Tripp

*You Never Stop Being a Parent* by Jim Newheiser and Elyse Fitzpatrick

*Marry Wisely, Marry Well* by Ernie Baker

*The Biblical Counseling Guide for Women* by John and Janie Street

*In the Aftermath: Past the Pain of Childhood Sexual Abuse* by Pamela Gannon and Beverly Moore